

What is claimed is:

1. A remote activity controller, comprising:
 - a display apparatus;
 - an internal clock;
 - a user ID code and memory device;
 - a data interface via which, when required, a communication link is set up with contract partners in order to transfer data from the appliance to them, at least at times;and
 - a label communicator for detection of information data of at least one of measurement and therapy appliances used, including the measurement data determined by at least one appliance, and also the information about products and network addresses of contract partners, on the basis of labels, located at least one of on them, in them and stored in a label album, and including a connection for a personal electronic health record in which the relevant health data is entered on the basis of a predetermined data scheme, and instantaneous measurement values, consumption values and behavior patterns are added continually to this data and in which other values are stored.
2. The remote activity controller as claimed in claim 1, wherein the label communicator includes at least one of optical, magnetic, electrical and mechanical scanners to at least one of
 - read the information coded on a substrate on the labels,
 - read the electromagnetic radiation transmitted from radio labels and coded with the information, and
 - read acoustic radiation and the information contained in it.
3. The remote activity controller as claimed in claim 2, wherein the data interface for the communication link which exists at least at times to contract partners also allows data to be transported from the contract partners to the appliance, and wherein this information is used in order to transmit information via the label communicator to configure remote devices.

4. The remote activity controller as claimed in claim 1, wherein the remote activity controller includes only a small number of at least one of a control wheel and at least one key for at least one of switching-on, switching-off, operating and selection for selection of the dialog object which is indicated on the display apparatus.
5. The remote activity controller as claimed in claim 1, wherein the data interface also allows data to be transported from the contract partners to the appliance for the communication link, which exists at least at times, to contact partners, and wherein this information is used via a control module in order to carry out dialogs with the user, via the display.
6. The remote activity controller as claimed in claim 1, wherein the remote activity controller includes a memory and a decoder-2 for the personal electronic health record, and data is stored there on the basis of the scheme, and is provided at the data interface.
7. The remote activity controller as claimed in claim 1, wherein the remote activity controller includes an Internet-compatible communication module in order to provide the communication link, the communication module including access to the Internet without the use of wires via at least one of a mobile radio and infrared.
8. The remote activity controller as claimed in claim 1, comprising:
a decoder for at least one of interpretation of the determined time-dependent data, compression, and masking out various parts from the decoded recording.
9. The remote activity controller as claimed in claim 1, wherein the remote activity controller includes a tool for producing external labels.
10. The remote activity controller as claimed in claim 1, comprising at least one of the following for geographical position recording, including
a GPS module
a receiving device for landmarks of a known geographic position, and

a system in which network operator data associated with time-related use of the local radio cell is obtained and is correlated with the appliance timer markers.

11. The remote activity controller as claimed in claim 1, wherein the remote activity controller includes a microphone and a loudspeaker, used to assist the dialog with the user.
12. The remote activity controller as claimed in claim 1, wherein the remote activity controller includes a camera, with the decoder including image recognition components.
13. The remote activity controller as claimed in claim 1, wherein the remote activity controller includes an optical scanner for optical codes.
14. The remote activity controller as claimed in claim 1, wherein the remote activity controller includes a gas sensor and smoke sensor, and wherein the decoder has at least one of gas, gas mixture and smoke identification components.
15. The remote activity controller as claimed in claim 1, wherein the remote activity controller is arranged on an armband.
16. The remote activity controller as claimed in claim 1, wherein the remote activity controller is at least one of at least partially implanted in the body of the wearer, is stuck on to the body, and is incorporated in clothing of the wearer.
17. The remote activity controller as claimed in claim 1, wherein the remote activity controller is at least partially incorporated in at least one of a hearing aid and a finger ring.
18. The remote activity controller as claimed in claim 1, wherein the remote activity controller comprises at least two interacting appliance units.

19. The remote activity controller as claimed in claim 1, wherein the remote activity controller includes at least one authentication device.
20. The remote activity controller as claimed in claim 1, further comprising:
a memory, drivable via at least one of a data interface for electronic orders,
and
means for accessing the orders, and for accessing the names and access addresses of contract partners.
21. The remote activity controller as claimed in claim 20, wherein implanted rules as to whether and in what circumstances at least one of data and parts of such data, are passable onto third parties in at least one of an open form and in a scrambled form.
22. The remote activity controller as claimed in claim 1, wherein the label communicator itself transmits radiation, which is received by a transponder label and is sent back having been modified on the basis of the information on the label and is read.
23. The remote activity controller as claimed in claim 22, wherein the specific legible label receives the radiation transmitted from the label communicator and passes the information modulated onto this radiation to the associated appliance.
24. The remote activity controller as claimed in claim 20, comprising an electronic data interface for communication with external third parties.
25. The remote activity controller as claimed in claim 21, comprising an electronic data interface for communication with external third parties.
26. The remote activity controller as claimed in claim 1, wherein the remote activity controller is portable.

27. The remote activity controller as claimed in claim 1, comprising geographic position recording and including movement and other activity sensors for mobile detection and storage of personal state data for the wearer.

28. The remote activity controller as claimed in claim 15, wherein the remote activity controller is arranged at least one of on an armband on its own and in conjunction with at least one other appliance including at least one of a clock, an appropriately configured mobile telephone, and a PDA.

29. A remote activity controller, comprising:
a data interface adapted to, via a communication link set up with contract partners, to transfer data; and
a label communicator for detection of information data of at least one of measurement and therapy appliances used, including measurement data, and also the information about products and network addresses of contract partners, on the basis of labels stored in a label album, and including a connection for a personal electronic health record in which the relevant health data is entered on the basis of a predetermined data scheme, and instantaneous measurement values, consumption values and behavior patterns are added continually to the data.